



univita™

ENRICHED FOR A BETTER LIFE



# Mineral Nutrition: A Necessity

Univita: A Patented Solution from Unibar

**The body needs to be reinforced by minerals**, both macro and micro, as an essential part of human nutrition. Minerals are naturally found in much of the food we eat, but research has shown that current diets are not providing a sufficient quantity. Additionally, while plants often absorb and accumulate nutrients from the soil, water, and other sources, some geographical conditions result in less-than-optimal nutrient amounts. To correct potential vitamin and mineral deficiencies and avoid negative outcomes, some people need to turn to supplementation.

**Zinc and magnesium** are commonly recognized as essential minerals and deliver a robust spectrum of benefits to keep the body running while also improving multiple health outcomes. Individuals experiencing deficit levels will find that their immune defenses are compromised, cognitive functions impaired, and other vital systems are no longer able to work properly.

**Supplementing with Univita** allows consumers to get a necessary boost of chelated minerals without relying on synthetic or inorganic alternatives. This leads to better absorption and bioavailability, avoiding potential gastric irritation sometimes caused by synthetics.



**Univita is an innovative line** of plant-based ingredients that serve as a naturally rich source of essential chelated minerals through a patented biofortification process.

Our patented process ensures

- Improved mineral retention and bioavailability
- Adequate nutrient concentration
- Delivery of a more powerful combination of benefits compared to generic plant-based ingredients.\*

## **Univita offers the following extracts with mineral enhancement:**

- Guava leaves enriched with zinc
- Holy basil leaves enriched with magnesium
- Amla-Indian Gooseberry with magnesium and zinc

## **Salient features:**

- Patented biofortification process
- Manufactured by using smart manufacturing method
- No exploitation of natural resources
- Safe and well tolerated
- Efficient bioavailable forms for better absorption
- No gastric irritation

**17%** of global population is at risk for inadequate zinc intake

**48%** of US population consumes less than recommended amount of magnesium from food



Univita delivers exceptional holistic support to many critical health functions within the body. By combining powerful plant-based ingredients—full of various polyphenols for powerful antioxidant support—with essential minerals, Univita is set up to optimize outcomes for a stronger foundation of health. The patented biofortification process delivers an ingredient that is better enriched with nutrients than can otherwise be obtained. By doing so, Univita raises itself to a higher class of ingredient, delivering a vast assortment of benefits to meet today's demands for better health.

### Univita Guava Leaves + Zinc

For years, research has verified that nutrient-rich guava leaves deliver health benefits against a variety of health challenges, including various immune health applications. Guava leaves act as an immune stimulant because of the ability to help modulate lymphocyte (white blood cell) proliferation. They also provide support against bad bacteria and other immunity aggressors.



Providing immune support is not the only health benefit that guava leaves excel at. Research into the ingredient has shown that it can help improve insulin sensitivity for better blood sugar control, influence cholesterol levels to provide a boost to heart health and are an excellent source of dietary fiber for much needed digestive support.

By enhancing the guava leaves with zinc, the immune and digestive support potential is greatly increased. Additional benefits from the zinc to help support cognitive health and multiple aspects of healthy aging are an added bonus for a largely holistic health solution.

### Univita Holy Basil + Magnesium & Zinc

Known as the “Queen of Herbs”, holy basil has long been used for both its medicinal and spiritual properties. Modern research has revealed that the herb demonstrates many important benefits as an adaptogen, playing a key role in managing healthy aging, stress and the immune system.



Holy basil rich in phenolic compounds and is a potent antioxidant, contributing to its efficacious health benefits. By supporting antioxidant levels within the body, it is able to help provide protection against damage from toxins and pollutants that negatively affect health.

Stress management— both psychological and physiological—also plays an important role in helping support a balanced immune system, making this adaptogen a powerful agent for a strengthened immune defense.

Magnesium and zinc enhanced holy basil takes the crown from its generic sisters because of the wide range of additional benefits it boasts. Immune system support is improved because of zinc's ability to support vital immune cell development and magnesium helps maintain a proper inflammatory response.

Magnesium also plays a key role in supporting mood and other cognitive functions, further helping to mitigate the negative effects that derive from stress and other mood related conditions. Zinc then helps to further improve the brain by helping modulate neuronal signaling for better learning and memory.



## Univita Amla-Indian Gooseberry + Zinc & Magnesium

Indian gooseberry is a nutrient rich ingredient that delivers a wide variety of health benefits. It provides potent support to the immune system from various antioxidants and phytonutrients, which also help to promote oxidative homeostasis.

Gooseberry has also been recognized for its ability to dramatically influence cholesterol levels for improved cardiovascular function and delivers benefits to improve both cognitive and skin health. As a unique source of both soluble and insoluble fiber, Indian gooseberry also helps to improve digestive health in multiple ways.



Zinc and magnesium improve gooseberry's benefit profile by delivering more potent support to immune, digestive, and heart health. Because both zinc and magnesium play critical roles in cognitive function, enhanced gooseberry will deliver a broader range of brain health benefits than many other ingredients available.

For more information visit [UnibarCorp.com](http://UnibarCorp.com)



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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



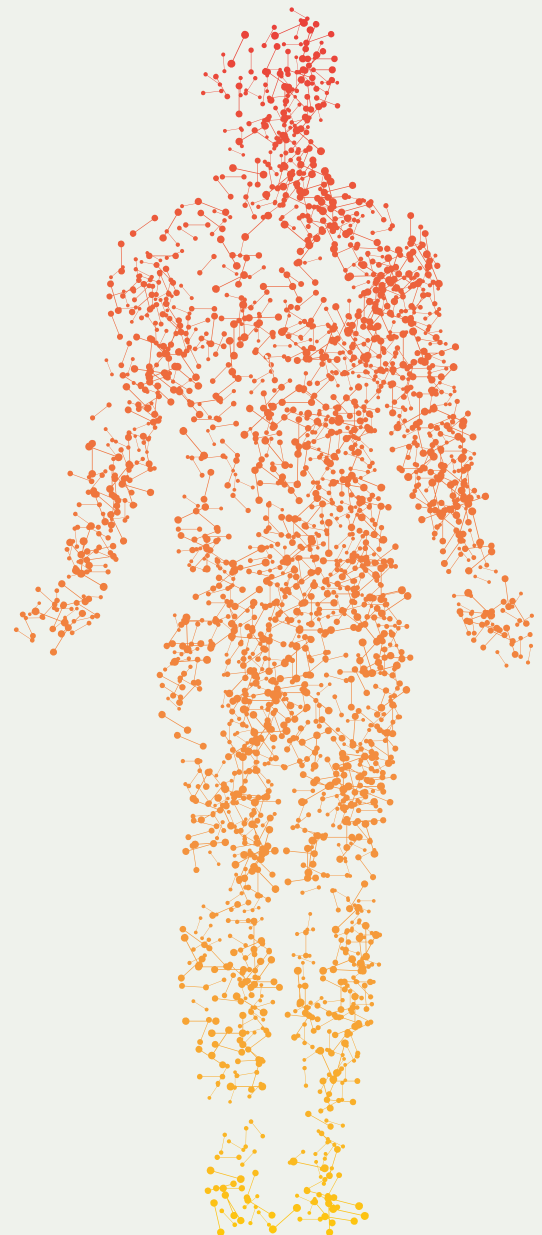
### Benefits of Zinc

- Immune Support
- Healthy Aging
- Cognitive Health
- Digestive Health



### Benefits of Magnesium

- Cognitive Health & Mood
- Blood Sugar Management
- Inflammatory Response Support
- Cardiovascular Health
- Exercise Performance





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1 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5412476/>  
2 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4296439/>  
3 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6926135/>

4 <https://www.medicalnewstoday.com/articles/263176#benefits>  
5 [https://www.healthline.com/nutrition/10-proven-magnesium-benefits#TOC\\_TITLE\\_HDR\\_2](https://www.healthline.com/nutrition/10-proven-magnesium-benefits#TOC_TITLE_HDR_2)